

1. Explain how the health of the oral cavity can influence the overall health of the body.

2. Name three conditions of the body that have a direct correlation to the health of the oral cavity.
 - a. _____
 - b. _____
 - c. _____
3. Plaque is a _____ sticky deposit made of:
 - a. _____ (especially pellicle)
 - b. _____ debris
 - c. _____
 - d. Materia Alba (miscellaneous debris)
4. Calculus is _____ mineral deposits (made of calcium and phosphates)
5. Plaque turns into calculus if not removed. True False (circle one)
6. What is the layman's term for calculus? _____
7. Why is calculus so harmful to the oral cavity?
 - a. It is a _____ place for plaque and bacteria
 - b. It _____ the gums
 - c. It _____ the gum aside forming a "pocket" where more debris and bacteria collect.
8. What are the two primary reasons we lose our teeth?
 - a. _____
 - b. _____
9. Define "cariogenic": _____
10. Define "periogenic": _____
11. Why might some people with severe periodontal disease choose NOT to have their teeth cleaned (calculus removed)? _____
12. The advantages of saliva include:
 - a. _____ the teeth
 - b. Proteins and minerals _____ the teeth
 - c. Helps to _____ food
 - d. Coats the teeth which helps protect them from harmful elements

13. What is "pellicle": _____
14. What part of saliva can be harmful? _____
15. What is the periodontium: _____
16. The three primary structures of the periodontium include:
- _____
 - _____ bone
 - _____
17. List any of the parts of the periodontium that you missed on the chart and need to study to remember.
- _____
 - _____
 - _____
 - _____
18. Fill in the blanks:

STAGE	DESCRIPTION	SULCUS DEPTH
I	Healthy teeth and gums	1-3 mm
II		
III		
IV		
V		

19. What instrument is used to measure the sulcus depth? _____
20. Is healthy gingival tissue always coral pink? Yes No Explain: _____
21. What effect does smoking have on the gingival tissues? _____
22. Describe the typical characteristics of the gingival tissue of a smoker: _____
23. Define the following words:
- Acute: _____
 - Necrotizing: _____
 - Ulcerative: _____
 - Gingivitis: _____
24. Is pericoronitis contagious? (I didn't say this, but I KNOW you can figure it out!) Yes No
25. Where do we typically find pericoronitis? (Which tooth specifically) _____

Next up: The Prophylaxis Appointment