

RDA WRITTEN EXAM REVIEW

SECTION 1: Patient Screening and Education
TOPIC D: Dental Structures of the Head and Neck

Part 4: Intra-Oral Exam Cheatsheet





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SECTION 1: Patient Screening and Education TOPIC D: Dental Structures of the Head and Neck

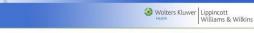


Inspection of the Lateral Borders

- Gently pull tongue to the left commissure.
- Evert it to obtain a clear view of the lateral surface.
- Repeat to inspect the other side of tongue.



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Inspection of the Floor of the Mouth

- Can be done at the same time as inspecting the lateral border of the tongue
- Apply pressure under the mandible for better visibility



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Palpation of the Floor of the Mouth

- · Right index finger on floor of mouth
- · Left middle and ring fingers under chin
- · Gently move tongue out of way using your index finger
- · Apply pressure as if to make fingers of both hands meet

